

Date: Saturday, April 30, 2011

From: The Colorado Lutheran High School Association

The Colorado Lutheran High School Association is excited to announce the following positions for Lutheran High School for the 2011-2012 school year.

John Adam - Head Boys' Basketball Coach

John Adam will be returning for his 11th season as Head Boys Basketball Coach at Lutheran High School-Parker. During his tenure, Adam has had 27 players make All-League/District teams and six All-State selections. The team has reached the State Tournament the past three years including finishing 2nd in 2011 and 5th in 2010. He was awarded the Northern Front Range League's Coach of the Year Award for the 2006-07 season and had the honor of being selected as a clinic speaker at the 2007 CHSCA Master Clinic. He was voted the Mile High League's Coach of the Year Award for 2009-10 and was a member of the 2010 All-State Games coaching staff. Coach Adam also had an article published in the May/June 2009 edition of Winning Hoops Magazine. A graduate of Denver Lutheran High School (1988), Adam had a very successful high school basketball career, posting a 75-11 record in his 4 years which included a State Consolation Championship in 1986-87 and a 20-3 record and #4 ranking in state his senior year. In 1992 he graduated from Metropolitan State College with a degree in Marketing. He currently is the State Director for the Fellowship of Christian Athletes Coaches Ministry. He and his wife Karen have been married for 14 years and the couple has one son, Mark who is ten. The family resides in the Southwest Denver area.

Ryan Bredow – Director of Admissions and Marketing, Assistant Boys' Basketball Coach

Ryan graduated from Concordia University in Nebraska in 2003 with a Bachelor of Science degree in Secondary Education, earning endorsements in English and Health. During his time there, he was a member of the men's basketball and baseball teams for 4 years, spending his 5th year as a Varsity assistant/J.V. coach for the men's basketball program. After graduation, Ryan took a teaching position at Denver Lutheran High School. After 6 years in the classroom, Ryan moved into an admissions role at the school, which later included a marketing role within the Colorado Lutheran High School Association. This passion fueled the pursuit of a Master's degree in Marketing through the University of Colorado at Denver, which he is set to finish in the fall of 2012. Outside the office, Ryan has headed up the boys basketball program at DLHS for the past 6 seasons. During his tenure, the Lights have continued a tradition of excellence, winning 70% of their contests (94-40 overall record) during that span. In 2009, DLHS was Co-Champions of the 3A Metro League, and advanced to the Regional final in '09 and '10. In 2011, Lutheran experienced their finest season in recent memory, winning a District championship, a Regional championship, and captured the school's first State championship in boys' basketball since 1986. Ryan was also named the All-Colorado Coach of the Year in 2011. In the summer time, Ryan has enjoyed expanding his knowledge of the game through various clinics and camps, highlighted by experience as a camp coach at Duke University and the University of Connecticut. Recently, he was selected to be a speaker at the CHSCA Clinic in July. Ryan and his wife, Rachel, have been married for 8 years. They are blessed with a daughter, Isabella, who turned one in January, and are expecting their second child in late June.

Linda Elliott - Head Cheer/ Pom Coach

Linda has danced and cheered since the age of three. She cheered in college for three years and ran the dance and cheer programs for the city of Englewood for over 20 years. Linda has taught dance and cheer privately for over 30 years. She is a professional choreographer, and has coached for schools in Colorado for the last 15 years. Linda has most recently been at Denver Lutheran High School where she coached their team to the first State championship in spirit. Linda has a degree in criminal Justice and works full time in security at Bear Creek High School. She taught theater and vocal music for Sheridan Middle School for 5 years. She also choreographs and directs with Mullen High School and Sheridan High School in their theater departments during spring musical season. She is very excited to be joining the staff at Lutheran high school and wants to take the cheer/pom team to the competitive level.