

September 1, 2009

Volume 10  
Issue 1

## A NOTE FROM THE PRINCIPAL:

### "The Lord is My Rock"

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Our theme for this year is "The Lord is My Rock" from Psalm 18:2. This Psalm, by David, paints a picture for us, describing the strength of God. The verse says, "The Lord is my rock, my fortress and my deliverer; my God is my rock, in whom I take refuge. He is my shield and the horn of my salvation, my stronghold."

We have struggles every day that we have to deal with. How comforting that God is on our side in times of need. How reassuring that he shelters us from the constant onslaught that we face. His strength is unfailing. He is our fortress refuge. He is our deliverer. In our Lord Jesus Christ we can find true security.

Let me end with these reassuring words from Paul from Romans 8:31-32, "What, then, shall we say in response to this? If God is for us, who can be against us? He who did not spare his own Son, but gave him up for us all – how will he not also, along with him, graciously give us all things?"

God's Blessings  
Joel Palmreuter

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**Mission Statement**  
*Lutheran High School Parker will play a role in the development of each student's personal relationship with Jesus Christ, nurture them as redeemed children of God, and equip them in a safe environment to meet the challenges of an ever-changing world.*



# SCHOOL NEWS

## New Staff

Mrs. Elaine Hall is teaching World Literature.

Mr. Brad Hueske is teaching Physical Science, Physics, and Chemistry.

Mr. Chris Loesel is teaching Theology 3 and 4 and is the music director for Praise Team and Choir.

## Returning Staff

Lance Adams - Government, U.S. History, A.P. U.S. History, Consumer Math, Accounting

Jason Block – Athletic/Activities Director, Math

David Casiano – Computers, Drama, Yearbook

Nel Clausen – Administrative Assistant

Brooke Davis – Social Science

Abbie Duitsman - Admissions Director

Mark Duitsman – Physical Education, Worship, Dean of Students

Steve Fickert - Boys & Girls Weight Training

Cheryl Guillory – Resource

Jennifer Keith – English

Sara Kawcak - Advanced Biology, Athletic Trainer

Claudia Littleford - British Literature, Journalism, AP Literature

Sandy Loptien – Algebra 1, Biology, Statistics

Paul Manga – French

Denise Noffze - Guidance Counselor

Joel Palmreuter –Principal

Lynda Parkinson – Geometry

Mary Ellen Polson – Art

Celia Radic – Student Services Secretary

Jennifer Roettjer – Theology

Rod Sloan – Creative Writing

Sandra Wetzstein – Spanish

## Kitchen Help Needed!

Kitchen cleaning volunteers needed once a month. Please call Shirley Wall at 720-851-0406 or Jan Washburn at 303-805-0708 to get a date and time.

## Love-a-Lunch

We have a new lunch program this year called Love-a-Lunch that we are very excited about! If you haven't signed up yet, here's how it works:

- Parents place and pay for orders using their credit or debit cards and pay Love-a-Lunch directly via their website at [www.lovealunch.com](http://www.lovealunch.com).
- School lunches from Love-a-Lunch will be available on Mondays, Wednesdays, and Fridays to begin.
- The ordering window will be from the 11th through the 18th of the month prior to the month being ordered.
- Each day's lunch will feature both a hot and a cold lunch choice.
- All lunches are priced the same with an option to add an extra entrée when you order a meal.
- Sack lunches will be available for field trips.

Call the school office for the access code that is needed to sign up for Love-a-Lunch. Please handle the code with confidentiality as it is not for use outside of your personal orders for LHSP.

If you have any questions about Love-a-Lunch, feel free to contact them at 303.468.8263 or [customerservice@lovealunch.com](mailto:customerservice@lovealunch.com).

## **MORE SCHOOL NEWS**

### **2011- New Trip Announced!**

I am pleased to announce that we are taking another trip overseas in June of 2011. It is called "World War II and the Western Front." We will be traveling to England, France and Germany for ten days with an option for an extra four day extension. The price is around \$3,000, which includes airfare, breakfast, dinner, museums, and transportation. There will be an informational meeting on September 14<sup>th</sup> at 6:00 pm (before Back to School Night starts). If you want more details please visit [www.eftours.com](http://www.eftours.com) and type in group number 806477-G2 or contact me at [brooke.crandall@lhsparker.org](mailto:brooke.crandall@lhsparker.org).

Thank you,  
Brooke Davis

## **GUIDANCE COUNSELOR** **DENISE NOFFZE** **303 841 5551 ext. 2004**

### **College Planning Night for Jr & Sr Parents**

Junior and Senior parents/legal guardians are encouraged to attend the College Planning Night on Monday, September 14 at 6:00 PM in the Media Center. It will take place before the Back to School Night which starts at 7:00 PM. This short meeting is extremely beneficial in providing guidance for making college and career choices. Many helpful tips and websites will be given to aid you in the process.

### **College Financial Planning Workshop for Jrs and Srs and their parents**

**September 28, 7:00 pm, Flex Room** - Plan to attend to learn the following information:

- \*Things you should be doing right now for 2010 and 2011 graduates
- \*How to get ahead by developing a customized plan for college costs
- \*How to lower your "out of pocket" costs and get the maximum amount of money from each university/college
- \*How to pick colleges that will give the best financial aid package
- \*How to pay for college without jeopardizing your retirement
- \*Understand the myths about financial aid

Additional college information is located on our website.

### **College Fairs for Jrs & Srs**

Check out upcoming college fairs on our website. Parents of juniors and seniors should plan to attend one or more of these fairs where you can visit with 65, 120 or more than 200 colleges and university representatives all in one evening. Nothing to lose and lots of free give-aways!! Click on "College and Careers" on the left side of the Inside page, then look for "College Fairs" on the list at the right side of the page.

### **ACT & SAT**

Seniors need to take one or both of these college exams to attend college (check the college requirements). Applications must be done on line at [www.act.org](http://www.act.org) or [www.collegeboard.com](http://www.collegeboard.com). The first test dates are Sept. 12 and October 24 for the ACT and Oct. 10 and Nov. 7 for the SAT. Filling out the application takes from 60-120 minutes, so please plan your time accordingly. Students MUST fill out a major portion of the application, so parents have your student close by when working on the application.

## MORE COUNSELOR NEWS

### ACT 2009-2010 Test Dates

<u>Test Dates</u>	<u>Registration Deadline</u>	<u>Late Fee Required</u>
September 12, 2009	August 7, 2009	August 8-21, 2009
October 24, 2009	September 18, 2009	Sept 19-Oct 2, 2009
December 12, 2009	November 6, 2009	November 7-20, 2009
February 6, 2010	January 5, 2010	January 6-15, 2010
April 10, 2010	March 5, 2010	March 6-19, 2010
June 12, 2010	May 7, 2010	May 8-21, 2010

**Fees:**

ACT (no writing)           \$32

ACT Plus writing           \$47

Additional Fees & Services: [www.actstudent.org/regist/actfees.html](http://www.actstudent.org/regist/actfees.html)

(NOTE: ALL Colorado colleges request the ACT No Writing test.)

### SAT 2009 – 2010 Test Dates

<u>Test Dates</u>	<u>Test Offered</u>	<u>Regular Registration Deadline</u>
October 10, 2009	SAT & Subject Test	September 9, 2009
November 7, 2009	SAT & Subject Test	October 1, 2009
December 5, 2009	SAT & Subject Test	October 30, 2009
January 23, 2010	SAT & Subject Test	December 15, 2009
March 13, 2010	SAT only	February 4, 2010
May 1, 2010	SAT & Subject Test	March 25, 2010
June 5, 2010	SAT & Subject Test	April 29, 2010

**Late Registration Periods** can viewed online at [www.collegeboard.com/student/testing/sat/calenfSAT & Subject Testees.html](http://www.collegeboard.com/student/testing/sat/calenfSAT%20Subject%20Testees.html)

**Fees:**

SAT                               \$45

SAT Subject Tests

    Basic Fees               \$20

    Each Subject Test   \$20

Additional Processing Fees: [www.collegeboard.com/student/testing/sat/calenfrees/fees.html](http://www.collegeboard.com/student/testing/sat/calenfrees/fees.html)

### All School Test Day is Wednesday, October 14

<u>Class</u>	<u>Test</u>	<u>Purpose</u>
Freshmen	Explore	Practice for the ACT test
Sophomores	PLAN	Practice for ACT test
	PSAT	<u>Optional</u> testing practice for the SAT Students may sign up with Ms. Noffze
Juniors	PSAT	Practice for SAT test
Seniors	ASVAB	High score creates eligibility for National Merit Scholarship Administered by the US Military, this is an aptitude test indicating possible career avenues to pursue

## **ADMISSION DIRECTOR'S CORNER**

**ABBIE DUITSMAN**

**303 841 5551 ext. 2017**

This is such an exciting time with so many new faces joining our LHSP family. We are blessed to have this new class of freshmen and transfers that are just joining us this year in the upper grades. Thank you for continuing to share the news about our school and ministry to others. Please continue to encourage interested families to call, check out our website, stop in for a visit, or even invite them to our fall activities. My contact information is Abbie.Duitsman@LHSParker.org or 1-888-278-5784. Blessings on this school year!

## **DEAN OF STUDENTS**

**MARK DUITSMAN**

**303 841 5551 EXT. 2003**

### **Back to School Night**

Back to School Night will be held on Monday, Sept. 14 at 7:00 p.m. Parents will have an opportunity to meet their student's teachers by following a mini version of the student's schedule. Please take the time to meet the teachers and get a brief overview of the expectations and content of each class.

### **Schedule changes**

Hopefully any changes to schedules that needed to be made have already been done. If there are still issues and there absolutely needs to be a change, September 11 is the last day to change a class without having a withdraw show up on transcripts. The fee to change classes is \$25 after August 28.

### **Drivers Education**

Information is available in the office for any student interested in taking Drivers Ed this fall. The class is provided by A+ Driving School in Parker. They provide transportation to and from their facility for the students enrolled. Students will be given a grade and a ½ credit as an elective course for graduation. A representative from A+ Driving will be at "Back to School Night" on Monday, September 14. Classes will start in mid-September.

### **Senior Privileges**

Permission forms for senior privileges are available in the office. As long as the form is signed and returned, seniors can leave for lunch and/or an off block if all requirements are met.

**ATHLETIC DIRECTOR**  
**JASON BLOCK**  
**303 841 5551 ext. 2005**

**Fall Sports**

Fall activities have gotten off to a great start! Approximately 95 of our students are involved in fall sports and have been working hard to prepare for the upcoming season. We are thankful for the students that have come out to use and improve their talents and abilities, and our wonderful coaches who lead them.

Coach Steve Fickert is in his second year as our head football coach. Assisting him are Nick Barta, Frank Messenger, Rev. Brad Stoltenow, and Kevin Wall. The Lions open up at home against Wiggins on September 5.

Coach Kurt Clark takes over the boys' soccer team. Jack Messner returns as assistant coach. The team opens up in a tournament hosted by Classical Academy. Their first home game will be against Elizabeth on September 8.

Coach Jane Winters enters her second year as head volleyball coach. She is assisted by Jenna Clausen and Katie Montoya. They open the season on September 3 at Kent Denver. Their first home match is against Resurrection Christian on September 24.

Coach Jason Hubbard takes over the cross country program, with Mrs. Davis assisting. Their first meet is September 5 in Fort Collins.

Coach Rob Goldhammer enters his third year as head golf coach. The golf team has competed in five meets in August, with the regional meet coming up on September 23.

We ask you to support our athletes and cheer them on this fall!

**New Bleachers and Press Box**

We are thankful to have been blessed to have our new bleachers and press box installed over the summer. As you attend home football and games, we ask you to sit in those wonderful bleachers! Please stay off of the track for the safety of participants and spectators, and to keep a barrier between fans and players.

**Lutheran Parker Athletics on Facebook**

The LHSP Athletic Department has a Facebook page. If you are on Facebook, search "Lutheran Parker Athletics" to find the page and become a fan. The plan is to keep it updated with information, results, and updates. Also, if you have pictures from games or meets that you would like to share, you may post them to the page or email them to Mr. Block to post.

**Athletic Line and Website**

If you ever have a question after office hours about activities, an athletic recording is maintained to keep you updated. Just press "3" after the auto-attendant answers and you will hear the schedule for that week. Information about postponements and rescheduled games will also be updated. The athletic link on the school website also gives schedule information, required forms, links to specific sports, and directions to opponents.

## **MORE ATHLETIC DIRECTOR NEWS**

### **THANK YOU!**

A big thanks to all of you who have volunteered to help with the gate and concession stand during our many events this fall. Our athletic program depends on volunteers to staff our events and all your help is appreciated! There are still opportunities to help out. Please contact Mr. Block if you would be interested in helping.

### **Booster Sponsorships**

A great way to support LHSP athletics is to purchase a booster club sponsorship. Three levels of sponsorship are available: Purple, Silver, or Family. A purple or silver sponsorship is primarily a business sponsorship, offering advertising as well as a family pass to all LHSP home non-playoff events and a t-shirt. A family sponsorship, for \$125, purchases a yearlong family pass and a t-shirt. Passes for individuals for the entire year are also available for \$45. If you are interested or know of someone who is interested in sponsorship, please contact Mr. Block.

## **CALENDAR DATES TO REMEMBER**

### **Upcoming Dates To Remember!**

<b>Monday, September 7</b>	<b>No School - Labor Day</b>
<b>Monday, September 14</b>	<b>Delay Start - classes start at 9:10 am Junior &amp; Senior Planning Night - 6 pm - Media Center Back to School Night - 7 pm</b>
<b>Monday, September 28</b>	<b>Picture Retakes Financial Aid Workshop - 7 pm</b>
<b>Wed - Fri, Sept 30 - Oct 2</b>	<b>No School - Fall Break</b>

### **Mark Your Calendars!**

<b>Wed - Fri, Sept 30 - Oct 2</b>	<b>No School - Fall Break</b>
<b>Thursday, October 8</b>	<b>Financial Aid Workshop - 7 pm</b>
<b>Monday, October 12</b>	<b>Delay Start - classes start at 9:10 am</b>
<b>Wednesday, October 14</b>	<b>All School Test Day - Early Dismissal</b>
<b>Friday, October 16</b>	<b>End of 1st Quarter</b>
<b>Mon-Sat, Oct 19-24</b>	<b>HOMEcomings WEEK!</b>
<b>Saturday, October 24</b>	<b>Homecoming Dance - 8-11 pm - Flex Room</b>
<b>Monday, October 26</b>	<b>Parent/Teacher Conferences - 3 - 7 pm</b>

## **OTHER NEWS AND INFORMATION**

### **School Directory**

We will be putting together the 09-10 school directory early in September. If you **DO NOT** want your address, phone number, or email address published, please call the school office and let us know. Otherwise, that information will be listed in the directory.

### **Items We Can Always Use**

We can always use Kleenex for our classrooms, plastic silverware, paper plates, napkins, and paper towels for the kitchen. Please bring any items you would like to donate to the office. Thank you to those who have already donated items this year!!!

### **Spirit Wear**

A variety of spirit wear is available for purchase with a portion of the profits going to the LHSP Activity Fund. Samples of the current styles can be seen in the display cases at school. Order forms are available in the office or check out the link to Spirit Wear on the school website at [www.lhsparker.org](http://www.lhsparker.org). Support LHSP teams by wearing your spirit clothes!

### **Reusable Canvas Bags**

Save paper and use canvas bags for shopping or carrying your things! Buy some for yourself or for a gift for someone special. "Canvas Bag It" by Monograms By K & K. Check them out at [www.canvasbagit.com](http://www.canvasbagit.com)

### **Grocery Certificates**

Don't forget to stop by the office and purchase your grocery gift cards for King Soopers or Safeway. Cards are available in \$25 or \$50 denominations and our school receives 5% back. Last year \$3000 was raised through grocery certificate sales. Thank you to all who participate!

### **Scrip at LHSP**

Do you give gift cards for presents? Do you shop at Old Navy or Kohls? Do you ever stop for dinner at Chili's or Olive Garden? Do you go to the movies or rent them to watch at home?

Buy gift cards to your favorite stores/restaurants through LHS-Parker's "SCRIP" program. Our school will receive an automatic donation through your purchase.

#### **How does it work?**

- Select from the list of various merchants.
- Indicate the quantity and total for each merchant.
- Write a check for the total amount you are purchasing. (A credit card may be used for purchases of \$500 or more.)
- You will receive equal value in gift cards.
- Send your order in to the school office by Monday morning at 8:00 am, accompanied by a check, and you will receive your gift cards by Friday (after 2:30 pm) of the same week.

#### **How do we benefit as a school?**

- For each order placed by LHS-Parker, the merchant will send a percentage (indicated on the order form) of your gift card purchase to our school as a thank you.

**Order forms are available in the school office or on the school website.**